

## BASE Weather Guidelines

### Cold Weather

- BASE Staff will remind students put on their coats/sweatshirts when headed outside. To support our staff, please discuss with your student your wishes for them to wear their coats/sweatshirts when outside.
- BASE uses a variety of spaces to keep the students warm and dry. Many rainy day recesses consists of board games, crafts, free play or use of the gym/cafeteria for recess. Age appropriate movies may be shown.
- Realizing students have varying degrees of cold tolerance, students are always welcome to come inside the BASE room to warm up, and read a book or do homework.
- Also, please remind your students that umbrellas are for protection from the rain and are not toys. We appreciate your help. Thank you!!

### Hot Weather

- BASE Staff monitor the temperature and air quality frequently in order to make a determination whether or not to bring scheduled activities inside.
- Along with the warm weather comes *Spare the Air* days. When these occur, we limit the time spent outside, typically to about 15 minutes at a time (same applies to 95 degrees or higher temperatures). This limits the exposure to the warm weather and pollutants, and at the same time allows students to burn off some stored energy.
- Realizing students have varying degrees of heat tolerance, students are always welcome to come inside the BASE room to cool off, and read a book or do homework.
- While outside, the students are encouraged to drink plenty of water. They are also encouraged by staff to take short breaks in shady, cool areas.
- During the school year, parents are encouraged to apply sunscreen to their children before school.
- Over the Summer (when school is not in session), we will apply spray-on sunscreen 3x a day for students whose parents have completed the *Sunscreen Permission Slip* found in the registration packet.