







# BECOMING A LOVE AND LOGIC PARENT®

A five-week parent training program designed by the Love and Logic® Institute, Inc.



Would you like to feel more confident as a parent?  
Would you like to have more fun parenting?  
Would you like to feel more relaxed at the end of the day?

Get the answers to many day-to-day frustrations

-  "How can I stop my children from bickering?"
-  "How do I get my children to help with the chores without an argument?"
-  "How do I get my children to stop spitting peas and whining at dinner?"
-  "Is there a way to discipline my toddler in public without creating a scene?"
-  "How can I get my teenage daughter to come home at the agreed-upon time?"
-  "How do I get my children out of bed in time to catch the school bus?"

Dates: Tuesdays:  
10/25, 11/1, 11/8, 11/15 & 11/29

Time: 6:00 p.m. to 8:30 p.m.  
(registration begins at 5:30 p.m.)

Location: Westlake Charter School  
(Multi-Purpose Room)  
3800 Del Paso Road  
Sacramento, CA 95834

Cost: \$25.00 per person  
\$45.00 per couple  
(includes 1 workbook & handouts)

**Complete the registration form below**  
(your registration will not be confirmed until payment is received)  
\*\*\*Limited Space Available\*\*\*

If you are interested in having your WCS student attend BASE, please e-mail [jgardner@westlakecharter.com](mailto:jgardner@westlakecharter.com)



Please register me for your upcoming five-week (October/November 2016)  
**Becoming a Love and Logic Parent®** seminar, presented by School Psychologist, Kristen Baisden

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Number of Children: \_\_\_\_\_ Ages: \_\_\_\_\_ School of Attendance: \_\_\_\_\_

Please mail registration to:




Attn: Emily Battin  
3800 Del Paso Road  
Sacramento, CA 95834

**OR**

Attn: Jenifer Wilhelm  
1985 Pebblewood Drive  
Sacramento, CA 95833

Adults: \$25.00/person \_\_\_\_\_  
\$45.00/couple \_\_\_\_\_  
Total enclosed \$ \_\_\_\_\_

 Please make checks payable to:  
Westlake Charter School